

If you would like to join our mailing list, send an email to [newsletter@guardianfamilyservices.net](mailto:newsletter@guardianfamilyservices.net)

## Community Support

We would like to thank Tom Emmerson for providing cable to the shelter. Cable television is not just entertainment for our residents, the associated internet access is essential for residents taking classes, finding employment, communicating with relatives, and even apply for social services.

Also, Kentucky Oaks Mall/The Cafaro Corporation made a generous \$250 grant to GFS recently. We are very appreciative of their commitment to Guardian Family Services.



## We are recruiting!

On August 1<sup>st</sup>, we will begin taking applications for one full-time and one part-time AmeriCorps worker.

AmeriCorps is a outstanding service-learning opportunity in your community. Members are paid a monthly living stipend, attend excellent personal and professional development activities, and qualify for an education award.

If you are interested, contact Rita Gower at 524-4357 for an application.

## President's Fatherhood and Mentoring Initiative

Join President Obama in the Fatherhood and Mentorship Initiative. This outreach effort was launched to encourage individuals, especially fathers, to be involved in the lives of their children, and to be positive role models and mentors for other children in their lives and communities.

[www.fatherhood.gov/initiative](http://www.fatherhood.gov/initiative)

## Donations Needed

Due to cuts in the state's budget, GFS is in need of monetary donations to meet the daily expenses of the shelter. If you can help in any way, please call the shelter at 524-4357.

## HELP WANTED:

We are looking for a call-in person - must be 18 and HS Grad, pass background check and be available for nights, weekends, and holidays - no guaranteed hours - send resume to Rita Gower, Guardian Family Services, PO Box 742, Metropolis, IL or come to the office at 117 W Tenth St to pick up application. Applications taken until job filled. For more info call Rita at 524-4357.

## Win a 2011 Ford Mustang Shelby GT500!

You have a chance to win a 2011 Shelby GT 500 and help the Merryman House (Domestic Violence Services in Paducah) in the process through "Money for a Cause."

Tickets for a chance to win this car are only \$25. The drawing will be held live during at remote on July 9 at Purchase Ford in Mayfield from 10 am to 12:45 pm.

You can pick up your tickets at the following locations:

Michelson's of Paducah, Eagle SWS, Paducah, Purchase Ford, Mayfield, Precision Audio, Mayfield & Paducah, Burger King, Mayfield, Winnelson Plumbers Supply, Paducah, Sonic, West Paducah, Sam Miller State Farm, Fulton, Tapps Auto Sales, Paducah, Randy's Body Shop, Paducah, New Wave Hair Salon, Mayfield, Express Way Car Wash & Quick Lube, Paducah, Pagliai's Pizza, Murray, and Tobacco Barn of Paducah

### Staff News

Trish Medley and Cynthia Jones both staff members of GFS recently attended a training at John A. Logan College sponsored by the Poshard Foundation for Abused and Neglected Children and Prevent Child Abuse Illinois entitled Treating Traumatized Youth: an Integrated, Evidence-Based Approach presented by Rob Lusk, PhD. The training provided the staff with a review of the impact of trauma on the brain; and in depth discussion of the three phases of trauma treatment; review of evidence-based models of trauma treatment and how to integrate them for effective treatment.



Date/Time and Location: To Be Determined  
For girls ages 12-18  
Hosted by: A Community of Women and  
Guardian Family Services

The event will include presentations and informational booths on body image, teen dating violence, date rape, health issues, self esteem and safety. Pizza and refreshments will be served. Door prizes will be given out throughout the night. Youth groups and other teen groups and their leaders are encouraged to attend. Transportation will be available.

Watch the Metropolis Planet for more information or contact Denese Peebles at 270-519-7988 or Rita Gower at 618-524-4357.

Do you know of someone in a domestic violence situation?  
What about yourself? If we can help with services or information, call us anytime 24 hours a day, 7 days a week at 618-524-HELP (4357).

**All services are free and confidential.**

## Mid Country Presents Workshop and Donation



Jennifer Young and Katy Parker of Mid Country Bank provided a presentation on banking, financial security and how to repair/improve credit reports to the residents of the shelter. The session was very informative with lots of questions answered. They were so well received that residents requested they return to present a program on budgeting.

At the end of the presentation, the Mid Country Bank representatives presented Rita Gower and Nora Medley of GFS with a check for \$1,000.

Please forward our newsletter or print and share!

Add our address [newsletter@guardianfamilyservices.net](mailto:newsletter@guardianfamilyservices.net) to your contacts list and keep our newsletter out of your spam box.