

Guardian

family services center

If you would like to join our mailing list, send an email to newsletter@guardianfamilyservices.net

Do you know of someone in a domestic violence situation?
What about yourself? If we can help with services or any information, call us anytime 24 hours a day, 7 days a week at
618-524-HELP (4357).

All services are free and confidential.

Once again, El Tequila Night was one of our most popular fundraising events. Thank you to everyone at El Tequila for inviting us back and thank you to everyone who enjoyed great Mexican food for a great cause! We also appreciate Taylor Ware for providing entertainment. Visit our website for a short video of one of her evening performances!



L to R: Volunteer Denese Peebles, GFS Program Director – Rita Gower, Taylor Ware, Volunteers Kim and JoAnn, El Tequila Owners Samuel and Jose, GFS Employee Kristen Amaya, and Harrison Ware

Please forward our newsletter or print and share!

Add our address newsletter@guardianfamilyservices.net to your contacts list and keep our newsletter out of your spam box.

Thank You Outback!



For three years running, Outback of Paducah has donated lunches for GFS' fundraiser. Each year is a success! In July, we sold all the donated lunches with the proceeds going directly to the shelter. We hope all participants enjoyed their meals and thank you for purchasing a delicious Outback lunch.

Work Wanted

Do you have an odd job you need help with? We have motivated clients that will help with yard work, cleaning your house, babysitting, and much more.

Make us your first call!

618-524-HELP(4357)

Shelter Needs

- toilet paper
- dish towels/rags
- baby wipes
- cleaning supplies
- boxed foods
- canned goods
- diapers sizes (4 & 5)
- Swiffer dry pads
- Swiffer solution-wood cleaner
- laundry detergent
- crib sheets
- trash bags

Do you have a fundraising idea?
Contact us at 618-524-HELP.

Shelter Furniture

We desperately need new or very gently used (no stains) twin mattresses and box springs; frame is optional.

Please contact us!

Tennessee Teacher Swims Ohio River for Awareness

Mimi Hughes, of Taft, TN, completed the 981-mile swim of the Ohio River to promote national awareness of organizations that provide life skills and education for girls.

Hughes started swimming in Pittsburgh on May 22nd. She arrived in Metropolis on July 15th and swam the final stretch to Cairo on July 17th. During her swim, a documentary filmmaker accompanied her and visited GFS to film.

Several local fans, including Mayor Billy McDaniel, came to the Ohio River at Market Street to greet Mimi as she emerged from the water.

Mimi's website is <http://www.womenacrosstheworld.ning.com/>. A tribute can be found at <http://modestyblaze.pnn.com/articles/show/60804-thank-you-mimi>.



[Bread of Life Donation](#)

We want to extend our deepest appreciation for recent donations made by the Bread of Life Humanitarian Effort. This Ministry of the Churches of Christ from Melber, KY, surprised GFS in July with a gracious delivery of canned goods, personal care packets, bottled water, baby items and school supplies. What a wonderful surprise as the goods just piled up in our shelter. We can't thank you enough for what you do!



To learn more about Bread of Life, contact their volunteers at breadoflife@wk.net or call 270-674-6262. www.lowesbreadoflife.org

Thank you to River City Mission in Paducah for their recent food donation.



We still need your help!

Last month we asked for your help to write our state legislators and governor. We still need your efforts and we've made it even easier as we have templates - *with addresses* - on our website!

Guardian Family Services
Legislative Affairs



<http://guardianfamilyservices.net/HowYouCanHelp.aspx>

~from last month

The State of Illinois has yet to release much-needed, appropriated funds for the state's social service agencies. This includes Guardian Family Services.

Some Domestic Violence shelters are even closing their doors! Please call or write members of the Illinois Legislature and the Governor to express your concern over state funding. To make it even easier, we have letter templates for you on our website!

We appreciate your efforts!