

GUARDIAN FAMILY SERVICES

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www.guardianfamilyservices.net

If you would like to join our mailing list, send an email to newsletter@guardianfamilyservices.net

**Do you know of someone in a domestic violence situation?
What about yourself? If we can help with services or any
information, call us anytime 24 hours a day, 7 days a week at
618-524-HELP (4357).
All services are free and confidential.**



Spring Festivities



GFSC Clients and their children joined staff members in a memorable spring get-together on March 29th. Festivities included a cookout, egg hunt with prizes, and face painting.



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A Day of Service at GFSC

Representatives from Students Today, Leaders Forever and Harrah's Dynamic Leadership Series gave a day of service to the shelter on March 13th. Their main task was to paint all bedrooms inside the shelter then perform some interior and exterior cosmetic work.

Students stayed at First Baptist Church and managed to see the local attractions including the Superman Statue. Their week of service, in lieu of a typical spring break, continued with work in Tennessee and Texas before their return to Bloomington, Illinois.

Our deepest gratitude is extended to Harrah's Supervisors and the students for all of their hard work!



If your group would like to work at the shelter, please call Program Director Rita Gower at 524-HELP (4357)

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UPCOMING EVENTS

April 12: Community Blood Drive and Bone Marrow Registry Drive at Metropolis First Baptist Church 2:00pm - 6:00pm

April 20: Fundraiser Night at El Tequila, see details on next page!

April 30: The Community of Women will perform Eve Ensler's "Any One of Us: Words from Prison" at the Market House Studio in Paducah with GFS Program Director Rita Gower as part of the cast. This production by the acclaimed playwright of "The Vagina Monologues" reveals the connection between women's incarceration and their history of abuse. This production helps raise awareness about violence towards women. Purchase your tickets at the door by bringing \$5 and a personal care item to donate to the shelter.

We hope to see you there

A special performance will also be held at the Massac County Community Center at 7pm on April 23rd. Call Denese at 270-519-7988 for more information.

May 1: Kristen Amaya, GFSC staff member, will be running in the Illinois Half-Marathon to raise awareness and funds for Guardian Family Services.

If you want to help send a tax-deductible donation to the shelter or visit her fundraising page: www.firstgiving.com/kristenamayaguardian.

May 10-24: GFSC and Big Daddy's Butts and Ribs Sale
Get some mouth watering BBQ from Big Daddy's and support Guardian in one fantastic fundraiser! We will take orders May 10th-24th and deliver on the 28th. Standby for more details in the next newsletter.

May 15: GFSC Roadblock in Metropolis.

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1407 East 5th Street
Metropolis

Please join us for a night of
great food at El Tequila..

benefiting Guardian Family Services Center

**Tuesday, April 20th
5pm until close**

**20% of your total goes directly to Guardian
Family Services Center.**

Buen Prevecho! GFSC provides free and confidential services to victims
of domestic violence.

618-524-HELP

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Buen Prevecho!



April is Crime Victims Awareness Month

National Crime Victims' Rights Week April 18-24, 2010

Since 1981, National Crime Victims' Rights Week (NCVRW) has challenged the nation to reflect on victims and their families, the professionals who serve them, and on the struggle for fairness, dignity, and respect for victims of crime.

April is Child Abuse Prevention Month

- In Illinois, 52 kids died as a result of abuse and neglect in 2009. Nationwide, three children die everyday from neglect or abuse.
- In 2009 there were 6,000 reports of child abuse or neglect in Southern Illinois.
- "This is shameful that this is taking place in our society today."



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Donate your old cell phones today!!!

Gather your old or broken cell phones and chargers to help victims of domestic violence. Drop them off at the courthouse, Linwood Motors, Shawnee Metro Center, or LaFarge. You may also bring them to the shelter any time as we are open 24/7!



Please forward our newsletter or print and share!

Add our address

newsletter@guardianfamilyservices.net
to your contacts list and keep our newsletter out of your spam box.

Shelter Needs

- Deodorant
- Toilet Paper
- Women's Shaving Cream
- Cleaning Supplies
- Paper Towels
- Foil
- Maternity Clothes



Help us buy a shed!

We are in desperate need of a storage shed for our bicycles. With the coming rainy Spring, we don't want the bicycles to get rusty. These are used for clients and their children to get to school and appointments, even work.

Please help us by making a donation.